

# Sensory RASERs

Does your child have difficulty with controlling his or her frustration tolerance? Does he become overwhelmed by noise and stimulating environments? Does she have difficulties keeping her hands to herself, or does she seek constant movement?

Sensory RASERs (Regulation and Sensory Exploration) is a group that facilitates sensory modulation in kids while integrating peer interactions. The program is designed to educate children and parents on using sensory regulation strategies at home.

During the six-week course, your child will learn:

- To recognize how his or her body responds to different situations
- To communicate regulation needs and energy level to caregivers
- To regulate their energy level

Parent education will reflect on what sensory issues are and how to build a sensory “diet” at home.

For more information or to make an appointment, contact one of our Capable Kids Pediatric Therapy

locations: Chaska: 952-428-1265 | Savage: 952-428-1565