



Sequential Oral Sensory (SOS) Approach to Feeding

The Sequential Oral Sensory (SOS) approach to feeding is a unique pediatric program based on the work of psychologist Dr. Kay Toomey, PhD. It is designed to assist children and their caregivers who are experiencing difficulties with feeding.

The SOS approach can improve/increase:

- a child's oral motor skills
- a child's ability to follow a mealtime routine
- a child's nutrition and ability to gain weight
- a child's willingness to interact with and try new foods

Children of all ages who have difficulty with feeding for any reason can participate in the SOS program. The sessions last 45 to 60 minutes, once per week, and involve caregiver education while the children are receiving therapy. Home programming is essential to the success of this approach and we provide support for caregivers to manage the challenges of their child's specific needs related to feeding.



For more information or to make an appointment, contact one of our Capable Kids Pediatric Therapy locations:

Chaska: 952-428-1265

Savage: 952-428-1565