

PATIENT INFORMATION

ULTRASOUND EXAMINATION PATIENT PREPARATION

- ABDOMINAL ULTRASOUND**
No food or drink 8 hours prior to the exam. Early morning appointments are desired to encourage patient preparation and good patient care. Medications may be taken with only a small amount of water if necessary. Outpatients should be scheduled between 5:30am- 11am.
- ABDOMINAL AORTA ULTRASOUND**
No food or drink 8 hours prior to the exam. Early morning appointments are desired to encourage patient preparation and good patient care. Medications may be taken with only a small amount of water if necessary. Outpatients should be scheduled between 5:30am- 11am.
- RENAL ULTRASOUND**
Do not void one hour prior to examination. Drink 16 ounces of water 1 hour prior to exam.
- PELVIS ULTRASOUND**
You must drink enough water to distend the bladder, 32 ounces of water is recommended and must be finished 30 minutes prior to the exam. Do not urinate until after your procedure has been finished or the technologist informs you to do so. Unless it is a follicle study, there is no prep. This is always ordered as a Pelvic Limited.
- OB ULTRASOUND**
You must drink enough water to distend the bladder. 16 ounces of water is recommended and must be finished 30 minutes prior to the exam. Do not void one hour prior to examination. After 36 weeks gestation, you do not need to drink water.
- BIO-PHYSICAL PROFILE**
You must have eaten a meal within 1 – 2 hours prior to the exam. You must drink enough water to distend the bladder. 16 ounces of water is recommended and must be finished 30 minutes prior to the exam. After 36 weeks gestation, you do not need to drink water.
- CT/US GUIDED BIOPSY OR DRAINAGE**
You will receive a pre-procedure information sheet. Your clinic must send prior films before your scheduled appointment day, if you are not an Allina Hospitals & Clinics patient. You must arrange for a ride home with a responsible adult. Nothing by mouth 8 hours prior – morning medications with sip of water only. Your primary physician to decide about holding of blood thinners, ASA, etc.

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