

PATIENT INFORMATION

ECHO/STRESS ECHO PATIENT PREPARATION

ECHOCARDIOGRAM COMPLETE

There is no prep for this test.

ECHOCARDIOGRAM STRESS TEST

You may not eat or drink 4 hours prior to test. No beta blockers minimum 24 to 36 hours per ordering physician. You may not smoke 2 hours prior to exam. You may take medications with a small amount of water. Please wear comfortable shoes, as you will be walking on a treadmill.

ECHOCARDIOGRAM TEE WITH OR WITHOUT BUBBLE STUDY

You may not eat or drink 8 hours prior to test. No smoking 2 hours prior to exam. You may take medications with a small amount of water. You must have a ride home with a responsible adult.

DOBUTAMINE STRESS ECHO

You may not eat or drink 4 hours prior to test. No beta blockers minimum 24 to 36 hours per ordering physician. You may not smoke 2 hours prior to exam. You may take medications with a small amount of water.

WHAT IS AN ECHO OR ECHOCARDIOGRAM?

An Echocardiogram (Echo) is an ultrasound study of your heart muscle, heart valves and sac around the heart (pericardium). The test uses sound waves that produce images of your heart. These digital images are then given to the cardiologist (heart doctor) who then determines how your heart is working.

Appointment Information	Please remember to arrive 15 minutes PRIOR to appointment time for Patient Registration. This needs to occur even if you are PRE-Registered.
Date:	
Time of Appointment:	

