

1. Do you or have you ever experienced episodes of muscle weakness, loss of muscle strength, or limp muscles in any part of your body during the following situations?

- When you laugh Yes No
- When you are angry Yes No
- When hearing or telling a joke Yes No

If yes to any of the above, please answer the following (if NO to all, go directly to 2):

How often do these episodes occur?

- Only a few times in your life Yearly Monthly Weekly Daily

How long do these episodes usually last?

- 5 seconds or less 5 seconds to 10 minutes More than 10 minutes

Do you remain awake and aware during these episodes?

- Yes No

During these episodes, do you feel or have (check all that apply):

- Leg weakness Knee buckling Arm weakness Face sagging or jaw dropping
 Head drop Neck weakness Fall to the ground Slurring of speech

Other (specify): _____

How old were you when the first episode occurred? _____

Please describe this experience. _____

When was the most recent episode? _____

Please describe this experience. _____

Do you or have you ever avoid emotional situations or held back your emotions in order to prevent these episodes? Yes No

Do these episodes interfere in any way with your work? Yes No

Do these episodes interfere in any way with your personal life? Yes No

2. Have you ever experienced episodes of muscle weakness, loss of muscle strength, or limp muscles in any part of your body during any of the following situations?

- When tense or under stress Yes No
- During or after exercise Yes No
- Other (if YES, please specify) _____ Yes No

If yes to any of the questions in 2, please describe the episodes. _____



CATALYST QUESTIONNAIRE